



# SEPTEMBER

## BREAKFAST/LUNCH/A LA CARTE MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>LABOR DAY NO SCHOOL</b></p> <p style="text-align: right;"><i>3</i></p>	<p><b>B:</b> Honey Nut Cheerios, toast, applesauce, juice, milk <b>L:</b> Corn dog nuggets, baked beans, celery dippers, peaches, milk <b>A:</b> Calzones</p> <p style="text-align: right;"><i>4</i></p>	<p><b>B:</b> Frudels, oranges, juice, milk <b>L:</b> Taco salad, corn chips, lettuce/cheese, salsa, golden rice, fresh grape tomatoes, fruit cocktail, milk <b>A:</b> Egg salad sandwich</p> <p style="text-align: right;"><i>5</i></p>	<p><b>B:</b> Breakfast burrito, salsa, banana, juice, milk <b>L:</b> Swedish meatballs, whole grain rotini, whole wheat dinner roll, corn, sweet potatoes, pears, milk <b>A:</b> Lasagna</p> <p style="text-align: right;"><i>6</i></p>	<p><b>B:</b> Maple pancake sausage wrap, kiwi, juice, milk <b>L:</b> Stuffed crust pepperoni pizza, spinach greens salad, fresh cucumber slices, bananas, milk <b>A:</b> Chicken wild rice soup, cookies</p> <p style="text-align: right;"><i>7</i></p>
<p><b>B:</b> Mini Cinnis, pears, juice, milk <b>L:</b> Pizza hot dish, mini garlic toast, lettuce salad, fresh broccoli, orange &amp; pineapple cup, milk <b>A:</b> Tuna salad sandwich</p> <p style="text-align: right;"><i>10</i></p>	<p><b>B:</b> Cheddar cheese omelet, toast, banana, juice, milk <b>L:</b> Hot ham &amp; cheese, oven fries, baby carrots, oranges, ice cream, milk <b>A:</b> Beef stroganoff</p> <p style="text-align: right;"><i>11</i></p>	<p><b>B:</b> Pancakes, strawberries, whipped topping, juice, milk <b>L:</b> Chicken fajitas, lettuce/cheese, salsa, black beans, seasoned rice, apples, milk <b>A:</b> Meatloaf sandwich</p> <p style="text-align: right;"><i>12</i></p>	<p><b>B:</b> Donuts, applesauce, juice, milk <b>L:</b> Cheesy potato soup, grilled cheese, baby carrots, fresh strawberries, milk <b>A:</b> Herbed chicken salad</p> <p style="text-align: right;"><i>13</i></p>	<p><b>B:</b> Mini bagels, cream cheese, peaches, juice, milk <b>L:</b> French bread pizza, lettuce salad, green peppers, bananas, milk <b>A:</b> Chili, Chocolate chip cookies</p> <p style="text-align: right;"><i>14</i></p>
<p><b>B:</b> Fruit Loop cereal, toast, pears, juice, milk <b>L:</b> Tiger dunkers, mini garlic toast, spinach greens salad, fresh grape tomatoes, kiwi, milk <b>A:</b> Sloppy Joe's</p> <p style="text-align: right;"><i>17</i></p>	<p><b>B:</b> Breakfast wrap, banana, juice, milk <b>L:</b> Beef gravy, mashed potatoes, onion dill rolls, California blend vegetables, applesauce, milk <b>A:</b> Ravioli</p> <p style="text-align: right;"><i>18</i></p>	<p><b>B:</b> Churros, yogurt, oranges, juice, milk <b>L:</b> Grilled chicken sandwich, baked beans, baby carrots, apples, milk <b>A:</b> Scalloped potatoes &amp; ham</p> <p style="text-align: right;"><i>19</i></p>	<p><b>B:</b> Egg &amp; Cheese sandwich, fruit cocktail, juice, milk <b>L:</b> Oriental chicken &amp; rice with oriental vegetables, celery dippers, orange &amp; pineapple cup, fortune cookies, milk <b>A:</b> Lasagna</p> <p style="text-align: right;"><i>20</i></p>	<p><b>B:</b> Mini French toast tripleberry, banana slices, juice, milk <b>L:</b> Turkey &amp; cheese sub, lettuce/tomatoes/onions/pickles/black olives, vegetable soup, peaches, milk <b>A:</b> Winter white chili, chocolate chip cookie</p> <p style="text-align: right;"><i>21</i></p>
<p><b>B:</b> Little Cinnamon Johns, cheese stick, pears, juice, milk <b>L:</b> Super beef nachos, tortilla chips, lettuce/cheese, salsa, golden rice, refried beans, oranges, milk <b>A:</b> Beef stew</p> <p style="text-align: right;"><i>24</i></p>	<p><b>B:</b> Egg &amp; Bacon breakfast toast, applesauce, juice, milk <b>L:</b> Chicken strips, happy spuds, chicken &amp; herb couscous, baby carrots, strawberries &amp; kiwi, pudding, milk <b>A:</b> Herbed chicken salad</p> <p style="text-align: right;"><i>25</i></p>	<p><b>B:</b> Mini blueberry pancakes, apples, juice, milk <b>L:</b> Spaghetti, garlic bread sticks, spinach greens salad, fresh grape tomatoes, pears, milk <b>A:</b> Turkey gravy &amp; mashed potatoes</p> <p style="text-align: right;"><i>26</i></p>	<p><b>B:</b> Pancake sausage sandwich, banana, juice, milk <b>L:</b> Bacon chicken grilled sub, lettuce/cheese, cream of vegetable soup, jicama sticks, applesauce, milk <b>A:</b> Beef stroganoff</p> <p style="text-align: right;"><i>27</i></p>	<p><b>B:</b> Biscuits &amp; sausage gravy, oranges, juice, milk <b>L:</b> Personal pan pepperoni pizza, lettuce salad, fresh broccoli, bananas, milk <b>A:</b> Cream chicken noodle soup, chocolate chip cookie</p> <p style="text-align: right;"><i>28</i></p>