

OCTOBER

BREAKFAST/LUNCH/A LA CARTE MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>B: Waffles, applesauce, juice, milk L: Soft shell tacos, lettuce/cheese, salsa, golden rice, fresh grape tomatoes, pineapple chunks, milk A: BBQ pork sandwich</p> <p style="text-align: right;"><i>2</i></p>	<p>B: Harvest oatmeal muffins, yogurt, bananas, juice, milk L: Sloppy joes, oven fries, carrot & celery sticks, fruit cocktail, milk A: Vegetable beef soup</p> <p style="text-align: right;"><i>3</i></p>	<p>B: French toast sticks, pears, juice, milk L: Hamburgers, baked beans, baby carrots, pears, milk A: Pizza hotdish</p> <p style="text-align: right;"><i>4</i></p>	<p>B: Honey Nut Cheerios, toast, oranges, juice, milk L: Ground beef stroganoff, whole grain rotini, whole wheat dinner rolls, corn, fresh grape tomatoes, peaches, milk A: Beef burrito</p> <p style="text-align: right;"><i>5</i></p>	<p>B: Mini cinnis, apples, juice, milk L: Turkey wraps, Sun chips, fresh spinach, tomatoes, minestrone soup, bananas, milk A: Herbed chicken salad, cookies</p> <p style="text-align: right;"><i>6</i></p>
<p>B: Breakfast pizza, bananas, juice, milk L: Lasagna, garlic bread sticks, spinach greens salad, fresh cucumber slices, apples, milk A: Country chicken stew</p> <p style="text-align: right;"><i>9</i></p>	<p>B: Churros, yogurt, fresh grapes, juice, milk L: Meatballs, mashed potatoes & gravy, carrots, onion dill rolls, peaches, milk A: Scalloped potatoes & ham</p> <p style="text-align: right;"><i>10</i></p>	<p>B: Frightfully good cinnamon rolls, pears, juice, milk L: Ravioli, mini garlic toast medallions, peas, fresh cauliflower & broccoli, ranch dressing, bananas, milk A: Tater tot hotdish</p> <p style="text-align: right;"><i>11</i></p>	<p>B: Scrambled eggs, toast, fruit cocktail, juice, milk L: Garlic parmesan chicken, golden rice, whole wheat dinner roll, green beans, baby carrots, applesauce, milk A: Tuna salad sandwich</p> <p style="text-align: right;"><i>12</i></p>	<p>B: Sausage gravy & biscuits, bananas, juice, milk L: Chicken pizza quesadilla, lettuce/sour cream/salsa, Aztec black beans, oranges, milk A: Tomato soup, cookies</p> <p style="text-align: right;"><i>13</i></p>
<p>B: Maple pancake sausage wraps, peaches, juice, milk L: Chicken chili crispitos, lettuce/cheese, salsa, refried beans, cheesy rice, fruit cocktail, milk A: Herbed chicken salad</p> <p style="text-align: right;"><i>16</i></p>	<p>B: Belgian waffle sticks, bananas, juice, milk L: Turkey gravy & mashed potatoes, whole wheat dinner rolls, harvest vegetables, sunshine fruit salad, milk A: No Service (Grandparents Day)</p> <p style="text-align: right;"><i>17</i></p>	<p>B: Pancakes with strawberries & whipped cream, juice, milk L: Chicken strips, mashed potatoes & cream gravy, glazed carrot coins, onion dill rolls, strawberries & cream cups, milk A: No Service (Grandparents Day)</p> <p style="text-align: right;"><i>18</i></p>	<p>NO SCHOOL</p> <p style="text-align: right;"><i>19</i></p>	<p>NO SCHOOL</p> <p style="text-align: right;"><i>20</i></p>
<p>B: Blueberry mini waffles, applesauce, juice, milk L: “Ghoul”ash, garlic bread sticks, peas, garden salad, kiwi, milk A: Lasagna</p> <p style="text-align: right;"><i>23</i></p>	<p>B: Assorted bagels, cream cheese cups, bananas, juice, milk L: Baked BBQ chicken, baked potato, sour cream, coleslaw, cornbread, honey, orange & pineapple cups, milk A: Pizza hotdish</p> <p style="text-align: right;"><i>24</i></p>	<p>B: Multi-Grain Frosted Flakes, toast, raisins, juice, milk L: Taco in a bag, lettuce/cheese, salsa, golden rice, refried beans, fresh grape tomatoes, oranges, milk A: Egg salad sandwich</p> <p style="text-align: right;"><i>25</i></p>	<p>B: Pumpkin patch muffins, yogurt, peaches, juice, milk L: Chicken nuggets, curly fries, chicken & herb couscous, baby carrots, pears, milk A: Wild rice soup</p> <p style="text-align: right;"><i>26</i></p>	<p>B: Whole wheat toast, peanut butter, bananas, juice, milk L: French bread pizza, spinach greens salad, fresh cucumber slices, apples, milk A: Vegetable beef soup, cookies</p> <p style="text-align: right;"><i>27</i></p>
<p>B: Mini triple berry french toast, pears, juice, milk L: Cheeseburgers, sweet potato fries, celery dippers, fruit cocktail, milk A: Tuna salad sandwich</p> <p style="text-align: right;"><i>30</i></p>	<p>B: Mini bagels, strawberry cream cheese, peaches, juice, milk L: Mummy dogs, baked beans, sauerkraut, “boo”nanas, milk A: Herbed chicken salad</p> <p style="text-align: right;"><i>31</i></p>			